



## ODONTOGENIC FIBROMA OF MAXILLA- A CASE REPORT

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### ABSTRACT

Odontogenic fibroma is an extremely rare benign tumour that accounts for 0.1 % of all odontogenic tumours. It appears as an asymptomatic expansion of the cortical plate of the Mandible or Maxilla. Radiologically it presents as a Unilocular or Multilocular radiolucency. It responds well to surgical enucleation with no tendency for recurrence. Here we describe a case of Odontogenic fibroma in Maxillary right anterior region in a 17-year-old female. The lesion was surgically removed and analyzed histopathologically. Based on clinical, radiographic and histological findings a diagnosis of Odontogenic fibroma was made and patient was advised a long-term follow-up. There has been no sign of recurrence even seven years postoperatively.

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### INTRODUCTION

Odontogenic fibroma is a very rare proliferation of mature odontogenic mesenchyme. It is extremely rare that locations, sex and age distributions cannot be accurately determined. <sup>[1]</sup> Generally the lesion is asymptomatic except the swelling of the jaw. <sup>[2]</sup> The lesion may evolve from a dental germ (dental papilla or follicle) or from the periodontal membrane and therefore is invariably related to the coronal or radicular portion of teeth. <sup>[3,4]</sup>

Radiographically the tumor sometimes produces an expansile multilocular radiolucency similar to that of the ameloblastoma. <sup>[2]</sup> Most presentations will suggest the more common radiolucent odontogenic cysts and tumors such as an odontogenic keratocyst ameloblastoma, or an odontogenic Myxoma as well as ameloblastic fibroma in children and teenagers. In younger individuals, the presentation will also suggest a central giant cell tumor.

Based on clinical, radiographic and histological findings a diagnosis of Odontogenic fibroma was made and surgically excised and patient was advised a long-term follow-up. There has been no sign of recurrence even seven years postoperatively.

#### Case History

##### Case report

A 17 year old female patient presented with a painless swelling on the right side of upper jaw. The patient noticed the swelling six months back which gradually increased in size..

Extra-oral examination revealed mild facial asymmetry with a hard swelling on the right side of upper jaw. There was no change of temperature or color of the overlying skin. None of the lymphnodes was palpable. On intra-oral examination, a swelling extending from distal of right maxillary canine to mesial of left central incisor was found. Occlusion was not deranged and there was no mobility. The lesion was firm in consistency and there was no evidence of parasthesia. There was no obliteration of buccal sulci and overlying mucosa was normal in appearance.



Figure 1 (Pre-op View)

CT-scan showed a multilocular radiolucent lesion of the right maxilla extending from left central incisor to right canine.

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Figure 2

Aspiration was negative. Incisional biopsy was done. Differential diagnosis of the lesion included ameloblastoma, odontogenic Myxoma, ameloblastic fibroma, central giant cell tumor, fibrosarcoma and ossifying fibroma.

The tumor was excised under general anesthesia through a gingival crevicular incision and sent for histopathological examination (HPE). The tumor was found to be a well circumscribed, solid mass that shelled out easily and completely. The embedded teeth were removed with the tumor



Figure 3

Microscopic examination showed islands of odontogenic epithelium surrounded by fibrous tissue, also seen are immature (woven) bone fragments admixed with fibrous tissue. Based on clinical, radiographic and histological findings a diagnosis of Odontogenic fibroma was made and patient was advised a long-term follow-up. There has been no sign of recurrence even seven years postoperatively.



Figure 4 (Immediate post-operative)



Figure 5 (Eight years post-operative)

## DISCUSSION

Odontogenic Fibroma is a rare and benign neoplasm that could appear very similar to endodontic lesions and /or to the other odontogenic tumors. [4,5] Shafer *et. al.* in 1983 considered Odontogenic fibroma, a distinct neoplasm with its own histopathology and clinical features separating it from other odontogenic tumors. [6] Wesley. *et.al* in 1975 suggested a set of criteria for diagnosing odontogenic fibroma as follows. [7]

1. Clinically, the lesion is central in the jaws and has a slow persistent growth that results in painless cortical expansion.
2. Radiologically its appearance varies, but like the ameloblastoma and odontogenic myxoma most examples are multilocular radiolucent lesions that involve relatively large portions of the jaws in the later stages. In some instances, they may be associated with unerupted and/or displaced teeth.
3. Histopathologically, the most consistent feature is a tumour composed predominantly of mature collagen fiber with numerous interspersed fibroblasts. The presence of small nests and/or strands of inactive odontogenic epithelium is variable feature.
4. The lesion is benign and responds well to surgical enucleation with no tendency to undergo malignant transformation.

Gardner has referred the tumour made up of connective tissue and odontogenic islands resembling dental follicle as the simple Odontogenic Fibroma and to the tumour described by the WHO as the WHO-type COF. [8]

According to Marx most Odontogenic Fibroma require an incisional biopsy because their presentation suggests more aggressive disease, and once the diagnosis is established, a panoramic radiograph is sufficient for treatment planning. Mode of treatment for Odontogenic Fibroma is enucleation and curettage Recurrence is uncommon. [1]

Dunlap and Barker presented two cases of maxillary Odontogenic fibroma treated by curettage with follow-up of 9 years and 10 years with no evidence of recurrence. However, some recurrent cases have been reported. [9] Heimdal *et.al* reported a case that recurred 9 years following surgery. [10] Since then Suirsky *et.al* have reported a 13% (2 out of 15 cases) rate of recurrence [11] Jones *et.al* reported a case which recurred 16 months after surgery [12]

## CONCLUSION

Since very few cases are reported in the literature, diagnosis of this tumour cannot be based only on clinical and radiographic

features. Like most of the lesions only histopathological finding can confirm this particular entity.

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