



INSTRUCTIONS TO THE AUTHOR

A manuscript with a research study relevant to the scope of the journal is expected from the authors. The study should be substantiated with appropriate study methodology, results, discussion and conclusion. Following are the types of manuscripts accepted for publication in the journal:

Article Types

- Research article
- Case report
- Case series
- Review article
- Mini-review
- Editorial
- Short communication
- Commentaries
- Short notes

MANUSCRIPT PREPARATION

Abstract

The abstract should have the following subheadings: Objectives, Methods, Findings, Novelty and Keywords. The scientific terms appearing here for the first time should not be abbreviated. The word limit for the abstract is up to 250 words.

Please refer to the abstract word count in Table 1.

Keywords

At the least 3 keywords and a maximum of 6 keywords can be included. They must be separated by commas to distinguish them. The first letter of all the keywords should be in capital letters

Introduction

The introduction section should provide a context for your manuscript in brief. The introduction can include comprehensive information about the background, prior research in the field of study and objectives of research in the present study.

Materials and methods

The materials and methods as the name suggests should detail the different materials and methods used in the study with relevant citations of previous studies. In this section, the scientific terms should be in the expanded form at their first appearance, they can be abbreviated in their subsequent appearances in the text. If the manuscript includes trials on patients, the use of data of patients, confirmation about the consent from participant patients should be included. Information regarding the approval from the Institutional ethics committee should be part of this section as well. The reference to the methods should be cited with proper references for the readers to analyse and verify the reported results of the study. This section should include all the experimental protocols gathered for the study for better understanding. The major methodology can be presented in the main manuscript, additional information about the methodology can be included as supplementary data. The author is expected to maintain high stands of scientific integrity during the scripting of the manuscript. Recommendations as laid out by [International Committee of Medical Journal Editors \(ICMJE\)](#) and [Committee on Publication Ethics \(COPE\)](#) should be implemented in the manuscripts to improve the quality of the manuscript.

Results

The outcome of the experiments and study should be depicted in an easy to follow form for better understanding. The sequence of the results should be as per the experimental methods performed. The results should be aligned to the tables, graphs or figures for analysis and verification by the reader. The repetition of data in the tables and figures should be avoided. Additional information related to the results can be provided as supplementary materials.

Discussion

The discussion should include the analysis of the methods and the results obtained from them. The inference or the significance of the results should be described in detail. This can include content to prove that the improvisation from the previous work cited and its significant outcomes to prove the achievement of the objectives. Caution should be excised not to repeat the information given under introduction and results.

Conclusion

The conclusion should summarise an analytical outcome of the present studies and the results obtained. The significance of the results and discussion should be presented in brief to conclude the study. A scope for further research should be included as a suggestion to continue or steer future research in the present field of study.

Acknowledgments

This section provides you with an opportunity to acknowledge individuals for their contribution and support, extended for the study but are not listed as one of the authors. The support extended

in the form of funds or research studies from different institutes or agencies can be attributed here.

References

The references are listed as per the alphabetical order of the first authors in the references. They are numbered using Arabic numerals as 1). The citations in the text should be in brackets as depicted (1). The cited numbered references should be depicted after the full stop or period of the sentence. All the cited references should be listed in the reference section of the manuscript.

The reference of the manuscripts listed should be formatted as per the following examples.

1. Prabhakar P, Lokesh M and Shiva BR. Article title. Journal Full Name italics. Year; volume (issue): pg. nos. full. ----- **Research article**
2. Prabhakar P, Lokesh M and Shiva BR. Book title. Edition. Editor. Publisher. City. Year. - ---- **Book**
3. Indian Cardiovascular Research. Indian health statistics, India. Weblink, year. ----- **Reference to a Website**

Note that all the authors listed until 6 authors of a single reference can be listed as per the aforementioned style. After the first six authors, the authors to be listed should be depicted by et al. The references in the manuscript can be accepted as long as all the references are consistent with one of the reference styles accepted worldwide.

Tables

The tables should be submitted as editable text and not as images. Tables should be placed as a separate document. Number the tables consecutively as per their appearance in the text and place any reference notes below the table body. The table can be named as 'Table 1. *Table name*', the table numbers should be in Arabic numerals and should be cited near the appropriate text.

Artwork

The artwork should be of uniform sizing and lettering for the manuscript. The preferred font styles are Times New Roman, font size 12 and double (2.0) spaced between the lines. Number the illustrations/figures/pictures according to their sequence in the text. Please include all the figures or images with figures legends in a single and separate file numbered in Arabic numerals and should be cited at the appropriate text. The TIFF (or JPG), color or grayscale photographs (halftones) should be a minimum of 300 dpi. Disproportionately large graphics should not be submitted. Avoid providing files that are optimized for screen use (e.g., GIF, BMP, PICT, WPG) or low-resolution images and graphics that are disproportionately large for the content. Please make sure that artwork files are in an acceptable format [TIFF (or JPEG), EPS (or PDF), or MS Office files] and with the correct resolution.

Supplementary material

The data in the form of tables, figures and graphs that can be considered for verification by the readers or is further reading for the content in the manuscript are considered supplementary. The supplementary material is submitted as separate documents during the submission that will be available online only. The Submitted supplementary material are published exactly as they are received (Excel or PowerPoint files will appear as such online). Referencing of the supplementary material in the manuscript should be similar to other documents, except that the title should be sufficed by the word supplementary e.g. supplementary table, supplementary figure, etc. along with numbers in Arabic numerals.

Table 1: Style guide for manuscripts

Article Type	Abstract – word count	Body of the manuscript – word count	References in numbers	Tables	Figures
Research article	150 – 250	Max 3000	Max 40	3	3
Case report	150 – 200	Max 2000	Max 20	2	4
Case series	150 – 200	Max 2000	Max 20	2	4
Review article	Max 300	Max 8000	Max 100	4	6
Mini-review	Max 200	Max 3000	Max 30	2	2
Editorial	NA	Max 1000	NA	1	1
Short Communication	Max 150	Max 1500	Max 12	2	1
Commentaries	NA	Max 400	Max 4	NA	NA
Short notes	NA	Max 300	Max 2	NA	NA

Note: If the number of tables or figures is less than mentioned in the tables, either tables or figures can be added to compensate for the maximum as mentioned in the table.

Submission guidelines

All the manuscripts must be submitted on-line through the journal website ‘submit manuscript’ link. The Author has to register by filling up all the information in a web form. A new user ID and password will be assigned which can be used to login and submit manuscripts. The author can follow up the manuscripts for publication through the same system.

After the manuscript is readied according to the guidelines provided to the author. The manuscript can be prepared for submission by providing the necessary documents as listed below:

1. **Cover letter:** This is the letter addressed by the author to the Editor-in-Chief of the journal. The body of the letter may contain the title, type of manuscript, the importance of the study reported in the manuscript and the reason for choosing the journal for publication.
2. **Title page:** This document should contain the title, running title, authors, their affiliations, email IDs, corresponding author, correspondence address, phone number, the

word count of the abstract, word count of the article excluding the abstract and references, number of figures, number of tables and supplementary material.

3. **Article file:** This should contain the article with abstract, materials and methods, results, discussion, conclusion and references.
4. **Tables:** All the tables should be with titles and footnotes (if necessary), this document should be provided in editable MS-Word format.
5. **Figures:** All the figures and images should be numbered (e.g. Figure 1) followed by figure legends.
6. **Supplementary material:** This document may contain additional parts of a manuscript. They may be in the form of tables, figures and datasets, these may not appear as part of the manuscript and it will be available in the online format.
7. **Copyright transfer form:** A document for authorisation of copyrights transfer.

All these documents may not be required for all types of manuscripts during submission. Read the instructions thoroughly before commencing the submission of the manuscript. We look forward to your association with all your publications in the future.

For any query regarding manuscript/article/document submission, please feel free to contact our journal editorial team by filling the contact form with details of your query.

